

Skin Care by Marlene

CHEMICAL PEEL POST CARE

Type of peel: _____

Date: _____

Once you've undergone the treatment to peel off the outer layers of the skin's surface there will be a period when the old layers will gradually peel off and new refreshed skin appears beneath. It's during this time that post chemical peel skincare must be strictly adhered to.

After Chemical Peel Skincare

Day 1 – Tightening of the skin, some redness.

Day 2 – Flaking will start to appear around the nose and mouth area and continue to peel and flake out to the hairline until all skin has shed, usually takes up to 5 to 7 days. Do not pull or tug at the skin, let it shed off naturally.

Days 3-7 – Skin will continue to peel for the next several days, keep with your home products and SPF. Use a washcloth and gently exfoliate.

As the new layers appear they will be in need of constant moisturizing and treatment with PCA products provided.

The old skin must be left to come off at it's own pace as forced peeling can cause infection which will then require treatment. Do not pull or scrub at old skin. If skin feels itchy use a hydrocortisone cream.

It's imperative that you stay away from direct sunlight and treat the new skin with sunscreen, a minimum of 25-30 sunblock is recommended. Remember this new skin will be quite delicate for a while and must be treated carefully.

It's advisable to avoid using make-up for a few days after peeling is complete to give the new skin time to heal. It's possible that a secondary peel may occur during the second week so ensure that the whole process has taken place.

There's no point in going through a chemical peel if you're not prepared to continue with the daily care of your skin. All skin needs to be protected from the elements and it's a daily routine which will improve the condition of your skin and help you to maintain a youthful, healthy glow.

Potential Complications

There is a risk of complication such as, but not limited to, any of the following: edema (swelling), hyperpigmentation (increased pigmentation) or hypopigmentation (decreased pigmentation) that can be blotchy, persistent redness, infection, allergic reaction, and scarring (very rare). Please call as soon as possible if this occurs.

It is recommended to come back 1 or 2 weeks after for an enzyme treatment to remove any excess skin and rehydrate. Should you have any questions or concerns call Marlene of Skin Care by Marlene (310) 435-0645.